

How To Wear A Mask?

Homemade or surgical masks



Use hand hygiene before putting on your mask. Use the straps to put your mask on and loop it behind your ears to secure



Mold the stiff edge to the shape of your nose



Make sure your mask covers your nose and mouth



Do not touch the outside of your mask once it's on your face



Use hand hygiene before removing your mask. Avoid touching the front of the mask. The front of the mask is contaminated. Use the straps to gently remove your mask



Type / Category	How long can I use my mask?	Can I use a home made mask?
Clinical Staff	Up to 3 days	Not for patient care
Non-clinical staff and all visitors	Up to 7 days	Yes

Reusing A Mask?

Long term and temporary storage

- ✓ Avoid touching the inside of the mask. That's the clean side that touches your face.
- ✓ Avoid touching the outside of the mask. If you do, perform hand hygiene.
- ✓ Dispose of mask if becomes wet, soiled, broken, or you become concerned about it.
- ✓ You may pick a new mask at your screening at the entrance or a nurse supervisor.

LONG TERM



Prepare your bag

Mark bag with your name. You will re-use your bag as long as possible. Keep track of each mask and how many times you used it. Perform hand hygiene.



Take off mask

Remove the mask by holding the straps and unlooping them from your ears.



If you need to take a drink/ eat and remove your mask temporarily, you may place your mask onto a clean surface with the outside of the mask touching the surface.

When you put it back on your face, clean the surface the mask touched.

Perform hand hygiene when complete.



Bag your mask

Place mask inside bag. If the bag has handles, hang mask strap on bag handle.



Hand Hygiene

Perform hand hygiene when complete