



**RankenJordan.**  
PEDIATRIC BRIDGE HOSPITAL

## Care of Condom Catheter

### **Placing a Condom Catheter**

1. Gather the following supplies:
  - a. Clean gloves
  - b. Bath towel
  - c. Bowl of warm water, soap, washcloth, and hand towel
  - d. Correct size of condom catheter (small, medium, large, extra-large)
  - e. Urine bag with tube
2. Ensure patient privacy.
3. Place the bath towel under the patient.
4. Wash your hands and put on clean gloves.
5. Cleanse penis using soap and water. Rinse and gently dry.
6. You may want to clip the hair or even shave the area near the base of the penis. Removing hair from this area will keep it from being caught in the condom or the attachment.
7. Inspect the penis to make sure it does not have any broken or reddened skin.
8. Take off gloves, wash your hands, and put on clean gloves.
9. Hold the penis at a 90-degree angle from the body. Gently roll the condom over the penis. Leave 1-2 inches of space in the condom catheter at the end of the penis.
10. Squeeze the condom sheath gently all around and at the base of the penis to seal it to the skin and seal any wrinkles.
11. Connect the condom catheter to the tube of the urine bag.
12. Make sure the condom is not twisted where it attaches to the catheter.
13. Remove gloves and wash your hands.
14. If you are using a small leg bag, use the catheter leg strap that came with the kit to strap the urine bag to the leg. Leave slack in the tube so the catheter will not pull with movement.

15. The urine collecting bag must be placed lower than the bladder, so the urine flows downward.
16. Inspect condom catheter one hour after putting it on to ensure that it is not on too tight.
17. To remove the condom catheter, grasp the end of the sheath at the base of the penis and gently roll forward.
18. Use a clean washcloth and wash penis with soap and water and gently dry.
19. Pull the foreskin down over the head of the penis if uncircumcised.

**Additional information:**

1. Put on a new condom catheter every day.
2. Wash your hands before and after doing catheter care.
3. Inspect the penis for any signs of skin problems or infection when removing and putting on a new condom catheter.
4. Inspect urine in tubing and collection bag. If the urine looks different than usual or you are worried about how it looks, notify your child's doctor.

What to look for:

- a. What color is the urine?
  - b. Is the urine clear or cloudy?
  - c. Is there any blood in the urine?
  - d. Is there sediment in the urine?
5. Make sure that the urine collection bag and tubing is always below the level of the bladder.
  6. Empty the urine bag when it is half full. Empty full-sized bags every 8 hours and small bags every 3-4 hours (or more often if needed). Do not let the drain spout touch anything. If it does, clean it with an alcohol swab. Empty urine into toilet or into a container. Rinse this container with water after every use.

## **When to call the doctor:**

- Fever
- Foul-smelling urine
- Blood in the urine
- Skin breakdown or irritation on the penis
- Pain in the lower back or lower abdomen
- A lot of sediment (floating particles that eventually settle to the bottom) in the urine (that looks different than usual for your child)