



RankenJordan
PEDIATRIC BRIDGE HOSPITAL

Enteral Medicine Administration- J Tube

- Ask your pharmacy to provide all medicines in liquid form if possible.
- If liquid form is not available, you will need to crush tablets or open capsules and dissolve in water.
 - Some medicine may need to be dissolved in a liquid other than water. Your pharmacist will tell you what liquid to use.

How to crush medicines:

1. Always ask your pharmacy before crushing tablets. Some medicines cannot be crushed.
2. Use a pill crusher to crush the pill into a powder. You want to crush out all the clumps since they can clog the tube.
3. Combine the powder with a few mls of water and mix until it is dissolved. Draw up the mixture into a syringe.
 - If the consistency is too thick, add a few more mls of water.

How to open a capsule medicine:

1. Always ask your pharmacy before opening a capsule medicine. Some capsules should not be opened.
2. Hold the capsule over a small cup and twist open.
3. Pour the medicine out of the capsule into the cup and throw away the outer shell.
4. Combine the powder with a few mls of water and mix until it is dissolved. Draw up the mixture into a syringe.
 - a. If the consistency is too thick, add a few more mls of water.

How to administer medicines through your child's J-tube:

1. Attach the medicine syringe to a port of the J-tube, or to the added adapter if needed.
2. Unclamp the J-tube.
3. Slowly push all the medicine into the tube.
4. Clamp the J-tube.
5. Repeat as necessary until all medicines have been given.
6. Attach a syringe filled with 5-10mls of water to the port.
7. Unclamp the J-tube and flush the tube with the water.
8. Clamp the J-tube and close the port.



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