

## How to Clean and Re-use a Suction Catheter at Home

If your child requires frequent suctioning, you may use more catheters than what your child's equipment company provides. This guide will help you maximize the resources that you have and prevent running out of suction catheters when at home.

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Remember to only use clean tracheostomy suction catheters to help prevent the spread of infections.

## Equipment Needed:

- Suction Catheter
- Suction Machine
- ➤ Alcohol Wipe
- > Tap water
- > Bowl
- Ziplock Bag

## Cleaning Steps



Wash hands and put on gloves.



Make sure the catheter is plugged into the portable suction machine.



After suctioning, flush the catheter with fresh tap water. Place the tip of the catheter into the water and suction until the catheter and suction tubing is cleared.



Take the catheter tip out of the water and continue suctioning until it is dry.



Next, take an alcohol wipe to the outside of the catheter wiping end to end.



Place the suction catheter on a clean paper towel and air dry.





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Place the suction catheter in a clean Ziploc bag.

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Throw away used suction catheters after 24 hours.

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