



**RankenJordan**  
PEDIATRIC BRIDGE HOSPITAL

## **Eye Drops/Ointment Administration**

### **How should I prepare my child?**

- Explain to your child what you are going to do before you start.
- Describe what you are doing as you do it.

### **How should I give the eye drops/ointment?**

1. Wash your hands well before and after giving the drops.
2. Read the medicine label and directions carefully.
3. If the eye has drainage or crusts, wipe the eye from inner corner to outer corner with a cloth and warm water. If both eyes are being treated, use a different cloth for each eye.
4. Help your child lie down on his or her back.
5. If possible, have your child look straight up.
6. With one hand, gently pull down on your child's lower eyelid, making a pocket.
7. **For Drops:** Hold the dropper about one inch from your child's eye. Gently squeeze the bottle and place the ordered number of drops into the inside of the lower lid. Be careful not to touch the eye with the tip of the bottle.

**For Ointment:** Squeeze a small amount of ointment (1/4 to 1/2 inch) from the tube along the inside of the lower lid. Start at the part of the lid closest to the nose. Do not touch the eye or lower eyelid with the tube.

8. Help your child close their eye for 15 seconds.

**Storage of eye drops/ointments**

- Always place the cap back on the bottle right after use.
- Do not touch the tip of the bottle.
- Store eye drops at room temperature unless the label tells you otherwise.