



**RankenJordan**  
PEDIATRIC BRIDGE HOSPITAL

## Rectal Drug Administration-Suppository

- Your child's doctor may order a medicine that needs to be given in your child's bottom (in the rectum).
- There are different forms of medicine that can be given this way. One of the forms given this way is a suppository.
- A suppository is a solid gel like substance that has medicine inside it. The medicine is absorbed as it melts in the body.
- A doctor may write an order for a suppository to help your child poop. If you are giving your child the suppository for a different reason, it will melt best if your child poops before you insert it.

### **How to give a suppository:**

1. Wash your hands.
2. Put on vinyl gloves if you have them.
3. Place your child on his or her left side.
4. Place a bed pad under your child's bottom.
5. Open the suppository and dip the rounded end in a water-soluble lubricant or wet it with warm water.
6. Encourage your child to relax.
7. Hold one buttock cheek open so that you can see the rectum.
8. Hold the suppository with one hand and gently push it into the rectum, rounded end first.
9. Use one finger to push in the suppository until the entire suppository is in about 1 inch.

10. Let go of the buttock cheek and have your child stay on their side for about 15 minutes.
11. Remove gloves.
12. Wash your hands.

\*\*if you only need to give half of the suppository, cut it in half top to bottom.  
This is to make sure your child gets the correct amount of medicine.

